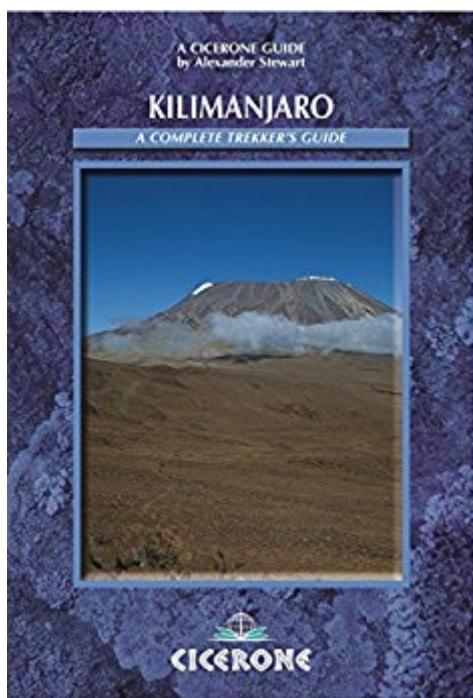


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# Kilimanjaro: A Complete Trekker's Guide: Ascent Preparations, Practicalities And Trekking Routes To The 'Roof Of Africa' (Cicerone Mountain Walking)



## **Synopsis**

Famous for its wildlife safaris and coastal resorts, East Africa is also an extraordinary destination for lovers of mountains, trekking and hiking. The mountains here stand as solitary peaks above surrounding plains. The most attractive is Mount Kilimanjaro in Tanzania, rising to 5895m. It is the highest mountain in Africa, the world's highest free-standing mountain and the world's highest volcano! This guide offers routes up to Kilimanjaro (5895m), with supporting advice on how to prepare for such an expedition, how to make the most of your time there and how to ensure your trip has as little impact on the local environment as possible. The guide includes: a selection of routes for the trekker to approach Kilimanjaro; advice about trekking in East Africa; route details outlining each day's hike; full colour sketch maps to the routes to aid planning; and full colour photographs of the region.

## **Book Information**

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## **Customer Reviews**

I haven't climbed Kilimanjaro but am prepping for a trip and am in the "read everything there is"

mode of training. This book has a lot of info on the area, history, culture and goes into all the major ascents: marangu, macheme, lemosho, shira, rongai and umbwe; summits: normal, barafu, western breach; and even the descents. It breaks down the trek day by day with camp site descriptions. I also like how the guide doesn't try to sell you anything and all the data is pretty objective. It has lots of pictures and I feel like I know the trek pretty well. So far it has helped me vet out all the trekking companies by comparing their itineraries. The guide has detailed maps of all the routes and surrounding area. I also like how the cover is laminated and has stood up to being knocked around in the bottom of my backpack for a couple hikes. Update: I did summit Kilimanjaro in October of 2012 and this book really helped. I took two books with me: this one and A Stedman. I took Rongai up and the descriptions and maps were very helpful. There's a bit of downtime, so I liked to read through what we would see the next day while we relaxed.

Pretty good explanation of what to expect during a climb of Kilimanjaro. I found this to be helpful in selecting a route and acquiring gear. Some of the information is out of date, namely regulatory status and guide service names. It did however describe the hotel in Moshi we resided in. This is good material and I recommend it for anyone planning a trek to Kili.

Amazing and informative book. Easy to follow with lots of information.

I bought this book to read ahead about an upcoming Kilimanjaro trip. Honestly, it was so informative that I brought it with me on the climb. It was great reading it after supper about the upcoming days trek. Has great pictures to identify plants and such. After the climb, I borrowed it out to a few different people I met back at the hotel, so they studied it up for days getting ready for their upcoming climbs. Definitely recommend to anyone going!

I love Cicerone guides and this one is so well written and formulated. Well worth the buy if planning a trip to Kilimanjaro. Very accurate with regards to Rongai Route which is the route I took. Nice read when stopping for a quick lunch or waiting for other trekkers to get out of their tents :)

This book is great. If you are going to trek on Kilimanjaro you need this book and the book by Henry Stedman. Between the 2 - you get all you need. Very helpful for determining which route to trek.

A very comprehensive and practical guide to Kilimanjaro. It made my maiden ascent very enjoyable. all topics well covered. Different climbing routes, summit routes and descent routes. an excellent section on altitude sickness.

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